EFFECT OF ISOLATED ASANAS RECREATIONAL GAMES AND AEROBIC EXERCISES WITH STRETCHING ON SELECTED PHYSICAL FITNESS COORDINATIVE ABILITY AND BODY COMPOSITION VARIABLES OF INTELLECTUALLY CHALLENGED PERSONS

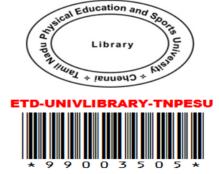
Thesis Submitted to the Tamil Nadu Physical Education and Sports University, Chennai through Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore, for the fulfillment of the requirements for the award of Degree of

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